



ADAM SURVEY Androgen Deficiency in Adult Males

Healthcare Providers weigh a lot of factors when diagnosing hypogonadism, a medical condition caused by low testosterone levels. They include clinical signs and symptoms, along with medical exams and lab testing. This survey will assist the medical professional in determining results and treatment of any conditions determined by said medical professional.

- 1) Do you have a decrease in libido (sex drive)? Yes / No
- 2) Do you have a lack of energy? Yes / No
- 3) Do you have a decrease in strength and/or endurance? Yes / No
- 4) Have you lost height? Yes / No
- 5) Have you noticed a decreased "enjoyment of life"? Yes / No
- 6) Are you sad and/or moody more often? Yes / No
- 7) Are your erections less strong? Yes / No
- 8) Have you noticed a recent deterioration in your ability to play sports or workout? Yes / No
- 9) Are you falling asleep at an earlier time or sleepy all day? Yes / No
- 10) Has there been a recent deterioration in your work performance? Yes / No

If you answered "yes" to questions 1 or 7, or any 3 other questions,
you should be tested for low testosterone levels.

Signature: _____ Date: ____/____/____